

***“Your work is going to fill a large part
of your life, and the only way
to be truly satisfied is to do what
you believe is great work.***

***And the only way to do great work
is to love what you do.***

***If you haven't found it yet,
keep looking. Don't settle.***

***As with all matters of the heart,
you'll know when you find it.”***

Steve Jobs 1955—2011

Penthouse

or

Basement

Above all, stress is the primary cause of disease and unhappiness. Yet stress is simply your internal reaction to external events ~ of which you have absolute control over; via your attitude.

The foundation of all stress is **fear**. Fear leads to doubt, inaction, subservience, victimhood and negativity. 98% of society is driven negatively via mainstream media and the closest people around you.

When you're stressed, you feel

miserable and in order to feel a little better, you make negative, emotional choices in your relationships, food, work and addictions that are toxic - one of the foundations of disease.

Stress triggers an acid hormone (cortisol) from your adrenal glands that creates an acid body; and cancer thrives in an acid environment. Coincidentally, addictions like sugar and caffeine also trigger cortisol production - further compounding stress.

You have a choice about how you handle the next situation. You can choose to take a positive step up towards the penthouse with the view and air conditioning, or take a negative step downward to the basement without windows and stuffy, stagnant air.

You can choose to care-less about

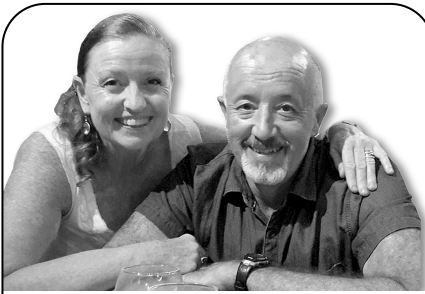
someone else's priorities and focus on your own happiness. Handling 'stuff' in a positive manner is called learning and growth.

You can also choose to let go of unsupportive relationships - either your drama-filled friends, family, groups or employment. Then work on depleting those addictions while you are at it.

You can choose to be happy in your next thought. Having purpose and happiness is at the base of every decision.

**Happiness is a choice.
You can choose to be happy.
There's going to be stress in
life, but it's your choice
whether you let it
affect you or not.**

Valarie Bertinelli



Shakti & Ramiah

Publishers of

Quantum Knowledge Australia
Magazine

Established 1996

ABN 74408898002

www.quantumknowledge.com.au
quantumk88@gmail.com

Editor: Ramiah J Selwood (*JP Qual.*)

Marketing: Shakti Selwood

Circulation: 15,000 (37,000 readers)

Distributed free to cafés, health stores,
markets & expos around SEQ & Nth NSW

**See website to download & print
and for Ad Rates Form**

Our Purpose

*To inspire people to become the best
person they can possibly be; by
providing access to information,
products and services,
thus raising their health, wealth and
happiness – therefore the
sustainability of our planet.
True peace will be achieved when
enough people are truly happy.*

This is our passion...

Ramiah & Shakti

*Quantum Knowledge is not aligned with
any religious or political group*

© on all original material

**You've picked up quite a
story and you've changed
since the womb.**

**What happened to the
real you, you've been
captured,
but by whom?**

Bob Dylan

The Origins of QKA Magazine

In 1996 we (Shakti & Ramiah) both picked up a copy of the old **Silver Chord** magazine in Brisbane. Shakti missed two bus-stops on her way to work to find her copy and Ramiah went to a gathering for healing that day too to find his copy. In the classified section was a small ad for a singles newsletter called "Only the Lonely" (sounds pathetic, doesn't it?)

We both placed ads and were looking to meet our "right partner" and Shakti wrote to Ramiah, which was followed by a three-hour phone call.

We were both very busy and couldn't meet for a week, but arranged to meet at the Three Monkeys Café in West End, Brisbane on 23 May.

Ramiah recalls a woman getting out of a car across the street and thought, "if that's her, I'm a lucky guy."

And it was Shakti; so we chatted for four hours about things that are normally taboo on the first date; marriage, children, ideal home, etc.

Next morning, Ramiah phoned his best mate and told him he'd met the woman he was going to marry. And following a proposal two weeks later via business-card (I designed for her) at the Gabba whilst the Brisbane Bears were training, we married in September 1996, just four months after we met.

A week before our wedding, we found we were pregnant with the first of our two children, and announced it at our reception. We relocated to Wamuran to pursue our country-lifestyle and whilst breast feeding at 3am, discussed how fortunate we were to have met through this now-defunct newsletter.

We wanted to give other people a similar opportunity to meet their right partner too, and decided to publish our own magazine with articles and ads for people to meet their right partner. The first few issues had a different name and were printed on our photocopier.

The internet was only new in 1996-97, so people had to submit a separate



letter in a sealed envelope along with a cheque for \$10 as our fee.

Over 20 years later, our two amazing children have grown and are pursuing their lives. And Quantum Knowledge Australia magazine continues to bring like-minded people together with a base-message of being happy, be responsible for your actions and income whilst leading the way with a positive vibe. Our basic message is presented via information, products and opportunities for change.

We have brought thousands of people together over two decades, some have married and others simply started new friendships or businesses together.

Our story has dozens more 'coincidences' that had to happen in the right order for our fleeting chance to happen, but there's no space here.

Join us at our Quantum Full Moon Gatherings in Burleigh Heads on the headland, Sunday evenings around the full moon and we can chat further.

Search Facebook for '[Quantum Full Moon Gathering](#)' for more info.

Also consider our **Quantum Retreat** at Binna Burra (*see page 15*).



Creating Your Own Reality

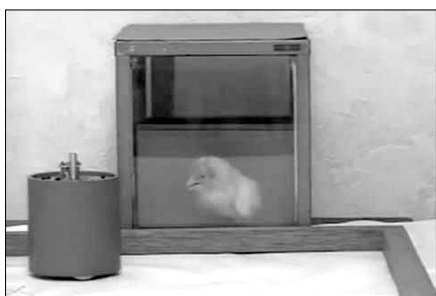
In 1988 French researcher Rene Peoc'h conducted experiments to show how our minds can influence events.

Peoc'h contained a group of 15, day-old chicks in a cage behind glass. The only object the chicks had seen since hatching was a cylindrical robot, which the chicks adopted as their 'mother'. There were also control groups of chicks that didn't see the robot after hatching.



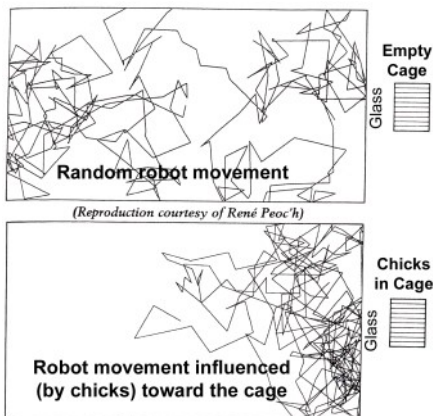
Their mother robot could move in any direction which was governed by an algorithm that (at set time intervals) used a randomly generated number from 1 to 360 (degrees in a circle).

The experiment was to see if the collective emotional needs of the chicks' brains (for attachment to their mother) could influence the direction the robot travelled.



Sometimes there were no chicks in the cage; other times the only thing the chicks could see was the 'mother' robot moving randomly.

The experiment was repeated 80 times, using groups of 15 chicks from different areas and gene-pools. Peoc'h also used rabbits. The mega-data showed that 71% of the time, the chicks were able to influence the robot to generate numbers that drove the



robot towards the chicks.

If you've ever had experience with chickens you'll understand that chickens are not very smart and are habit-driven. Chickens have tiny brains compared to our human brains.

Imagine if you could control factors around you in such a manner. Well, you don't have to imagine; this is what happens every day, right now.

Whether you understand this law of attraction or not, you will attract situations and people to you that most match what you are focused upon.

If you're negative and bored, you will attract negative boring people in your life. If you sit on the couch and watch brain-numbing TV and movies, you will have a brain-numbing life.

If you're positive, caring and kind, you will attract the same back. If you're proactive with an open mind, always looking for the next opportunity, you will attract interesting people and opportunities into your life.

You are reading Quantum Knowledge Magazine for a reason - everything happens according to what you are focused upon.

You create your life through the actions you take day-after-day (habits). Eat sugar and carbs habitually, you will be obese and unhealthy. Eat protein and veggies habitually, you will be slim and healthy.

Focus on the positive and you **must** have a more positive life.



- Care about your family's health?
 - Do you shop consciously whenever you can?
 - Would you like to have an online business?
 - We deliver thousands of Safe, Healthy, Truth-on-Label, Independently-Tested products to your door
 - Would you like to be part of our dynamic business opportunity soon to become the next Amazon of the Health & Wellness industry?
 - You're invited to become an advocate with Inner Origin, supporting Australian-Made Products, Services and Merchants - simply share a Link
- Initiated in Australia and launching in the USA later in 2017, then globally. Our philosophy...

Make Food Your Medicine

It's more than one product, NO Autoships and easy to use by simply sharing your FREE Smart-Link

If you would like to **JOIN THE REVOLUTION** and be in on this ground floor opportunity?

www.innerorigin.com/advocate/laurenk

Ph: 0417399380

How Things Works:

1. Tension (*uncomfortable*)
2. Charge (*build up*)
3. Discharge (*release*)
4. Relaxation (*reflection*)
5. Next (*next tension*)

Love - Connect

Relationship Counselling



Supporting you to Build Safety, Intimacy, Trust and Bonding Rituals in your Relationship

www.Love-Connect.org

Sharron Brandon 0400 599 586

TRAVEL AGENTS WANTED!



We are currently recruiting self-motivated people who want to be part of a cutting-edge opportunity recently introduced into Australia

This opportunity will impact the travel business like Uber has impacted the Taxi industry

Be part of digital disruption and move with the future

- Work your own hours from home
- Generous commissions
- Low setup costs
- Training
- Simply introduce people to your member website and support them
- Travel anywhere for less
- Ethical Carbon Free travel

www.CarbonFree-Travel.com

0427 443 302

I love travelling full stop. So while I've had some harrowing instances, I never look at them negatively. Memories are made when you're travelling - not when your chained to your desk.

Sir Richard Branson

Do Yourself a Favour

If you think you've got the best deal on Travel - LOOK AGAIN!



*Save up to 50% on Travel
110% Price Guarantee*

Carbon Free Travel

www.CarbonFree-Travel.com

Light on the Planet & even Lighter on your Wallet

Travel Changes Lives the Taxi industry.

The biggest thing to open my mind in my early 20s was travel. At the age of just 21 in 1977, finally out of my apprenticeship and on tradesman's wages, I borrowed \$1000 and went on the Asian fling with a few mates.

We travelled to the Philippines, Hong Kong, Bangkok and Singapore which opened my eyes to different smells, cultures and levels of poverty.

Walking home after an all-night-binge at a nightclub, we passed numerous 8-12 year-old children sleeping in doorways of shops. This brought about a major awakening of how lucky I was to live in a country like Australia and to have the work, education and income to potentially live a great life - and I am. A magnificent awakening at such a young age.

When people are asked what they would do if they had all the money they need; after property and renewing their car - 98% want to travel more. Travel is an \$8 billion industry.

So what's stopping you from travelling now? The answer: usually money and commitment to work or family (time).

What if your barriers could easily be overcome with only an hour's extra work per day?

In a category-creating move, one company has created a travel opportunity that will shake the foundations of the travel industry in a way similar to how Uber has disrupted

Popular travel websites like Expedia, Travelocity, Trivago, Kayak.com, Hotels.com, Bookings.com, etc. are basically owned by just two companies who reportedly match retail prices whilst appearing to offer discounts.

You now have access to an online invitation only, private portal where members have exclusive access to wholesale travel including Accommodation, Cruises, Flights, Tours and Car Rental.

Our exclusive software scans the internet for the lowest public prices, then offers you wholesale prices up to 15% cheaper for Karma Customers (which is free to join) and up to 50% for TravelLight Members (TLMs) who also collect reward points from their own travel and members they refer.

There is also an upgrade option to receive 80% payment of the savings a Karma Customer makes (that you have referred). You also receive 10% commission on your TLM's activity. And savings are 110% price guaranteed.

And as a **MAJOR BONUS; all travel is 100% Carbon Offset.**

So you and your friends won't have a negative impact on the planet whilst you relax and enjoy your journey. No other company offers this!

Visit www.CarbonFree-Travel.com (remember the "-" dash) for details and to make your first booking and save.



Would you like to shop online with a 100% Australian Owned Company?

Would you like to feel 100% safe & know exactly where your food and products are coming from?

All Certified Organic, Natural, Non-GMO

- Groceries
- Superfoods
- Supplements
- Personal care
- Skincare
- Homecare
- Cleaning Products
- Much more

Be part of a community that's supporting local business

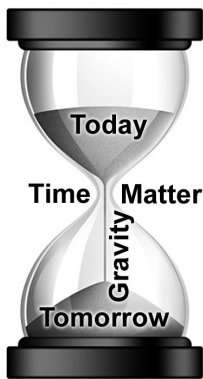


Phone Amy **0417 650 594**

"The Healthy Alternative App" 

www.innerorigin.com/advocate/amyhabgood

amy_habgood@hotmail.com



It's a Matter of Time ~ Your True Reality

For millennia, humans have measured time by dividing cycles of the earth's orbit and rotation into years, hours, minutes and seconds.

time pass relatively quickly. Relate this to watching a movie you dislike or like.

Lets look at time, matter and gravity through the metaphor of an hourglass. Today is at the top filled with sand that represents what you attracted through your thoughts, feelings, emotions, actions, health, choices and habits which creates your 'matter' (sand).

However, a satellite orbiting the earth will experience time slower compared to the surface time on earth, and a day on Mars will be 24 hours 37 minutes, with a 687 day year.

Earth's surface time (measured via the sweeping hand of a clock) is irrelevant to time experienced elsewhere in the universe (on both quantum-micro levels and universal-macro levels). However, time and money continue to be the two major drivers of highest desire in today's earth-bound societies.

Can you change your point of view to understanding what time really is? ... Movement of Matter

Every person, animal, insect, plant and mineral experiences their personal time at a different frequency, depending on their movement - both physically and mentally (i.e. vibration or frequency). Different species also have a collective frequency or consciousness.

Movement of your brain and body (time) combined with matter (stuff you do) creates gravity (attraction - which is actually a force coming towards you, rather than a pull) which generates everything in your daily reality.

So instead of viewing time as, 'how long it takes' for something to happen, try experience time as a result of your interaction with people and materials, with the resultant karmic experience from that interaction (consequences).

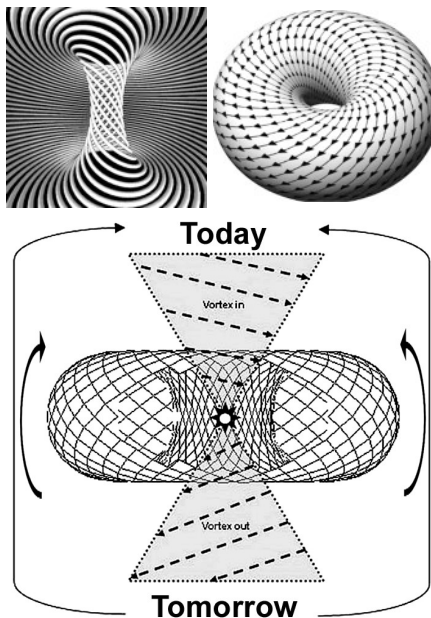
If you sit on the couch and do nothing; time goes slowly. If you're rushing, busy and moving from place to place; time goes very quickly.

A negative event goes by extremely slowly, whereas a positive event makes

The sand (the result of yesterday's stuff) moving through the funnel pulls like-minded people and material towards you to form on the bottom which will create tomorrow's beginnings.

As you awaken next morning, you turn your hourglass over again and create your next day and the cycle continues.

Now expand your hourglass out to a larger model to encompass a twisting-spiralling torsion field.



Internally, a torsion field looks similar to an hourglass (above left) whilst externally, a torsion field looks like a donut with spiralling waves of energy rotating through experiences - capturing and reacting to actions, thoughts and distortions as it flows around to recreate the next torsion field wave which creates your next situation, i.e. thought, conversation, event, etc.

This torsion field consciousness is

replicated from the smallest molecule that makes-up atoms through to complex weather patterns, planets, galaxies, blackholes and universes.



Combined with pyramid-tetrahedron geometry, this is how everything works - expand your mind and work with it!

Ancient teachings have known this for millennia as shown by ancient rock carvings that date back several thousand years BC.

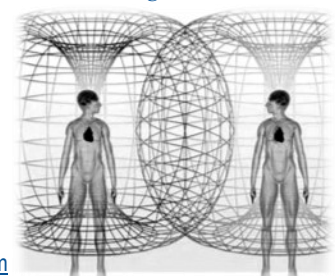


Russian scientists have confirmed this living universe model repeatedly through Kozyrev, Reich, Shakhparonov, Gurvich, Chizhevsky, Veinik, etc. (as opposed to western science who theorised the big-bang from nothing theory with negative ultimate destruction).

Today, if you think outside popular mainstream media-driven scientific and medical dogma, you may be categorised as 'alternative', which is way better than being a closed-minded sheep.

Based on information presented by David Wilcock ~ Wisdom Teachings

www.gaia.com



Does Your Electricity Provider Assist with Planting Trees?



- ✓ 50% Carbon Offset on every bill
- ✓ No Lock-In Contracts
- ✓ Extremely Competitive Prices
- ✓ Free Quotes
- ✓ Monthly Billing
- ✓ Australian-Based Call Centre
- ✓ Over 130,000 Happy Customers
- ✓ NOT Involved in Fracking
- ✓ Refer friends & receive commissions
- ✓ Over 6,000 trees already planted in SEQ
- ✓ Get Involved!

You're paying for electricity anyway...
So why not make a difference?

www.EthicalElectricity.com

0427 443 302

I've been passionate about renewable energy for many years, particularly solar energy and its capacity to bring abundant clean, sustainable energy to millions around the globe

Sir Richard Branson

CAROLE STARR QA(FAA)

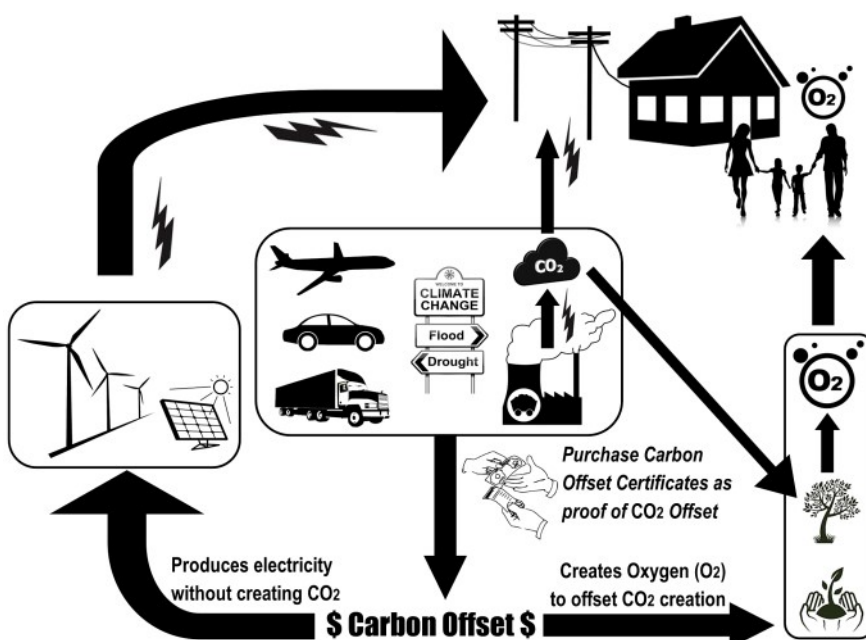


Carole can help you transform from DIS-EASE to WELLNESS from DARKNESS to LIGHT

- ★ Kinesiology (incl. Neurolink) ★
- ★ Theta Healing ★
- ★ Breathwork ★ Astrology ★

0406 788 190 & 07 5534 1504

Climate Change & Carbon Offsets



We often hear terms like Climate Change and Carbon Offsets used in the media with the assumption that everyone understands how they work.

If you're not up with scientific consensus regarding these topics, here is a simple diagram that will add to your understanding.

Some people have valid opinions that climate change is not caused by man, and point to higher CO₂ (Carbon Dioxide) levels and temperature cycles throughout history. They also refer to recent changes on other planets which are all scientifically based and should be respected.

There are also valid moral opinions that suggest we're certainly better off planting trees to provide Oxygen (O₂) than laying concrete or creating CO₂ emission with insufficient plants to absorb excess CO₂.

We're also morally better off producing energy using renewables like wind, hydro and solar than burning coal, because coal (and gas) creates CO₂ and other pollutants, causing smog in many cities around the world.

Industry and governments know this and that's why banks won't invest in coal-fired power plants and China is

now the world's largest investor in solar energy (due to their massive air pollution problems).

The production of electricity through thermal methods (like coal and gas) are still based on century-old technology of burning fuel to boil water that creates steam which is used to turn turbines (magnet inside a coil of copper) which produces electrons.

Anything can be used to turn a turbine, water, wind, waves, tides, temperature differentials, etc.

There is a new energy company in Australia that has been successfully operating in the USA since 2009.

In Australia they offer **50% carbon offsets on your electricity** and their prices are extremely competitive. You don't have to pay extra to support the planting of trees, wind, solar, etc.

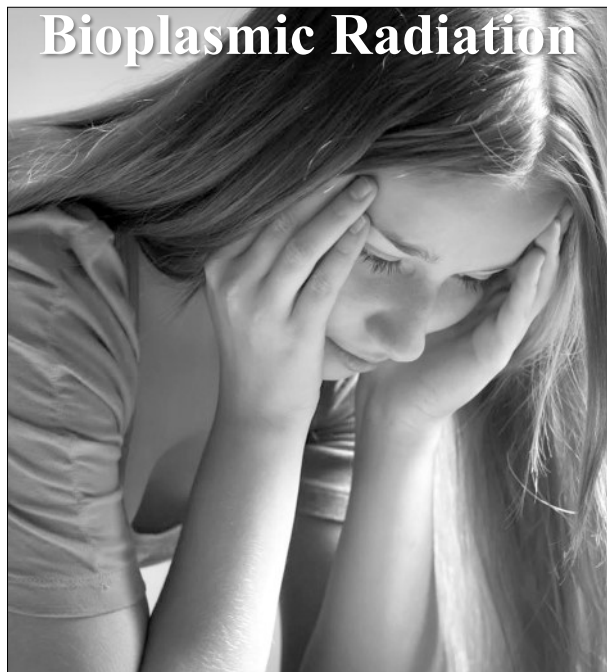
This company also offers 100% carbon-free travel at a 110% guaranteed discounted price up to 50% cheaper than any other price on the internet.

Industry and marketing opportunities are meeting the challenge our governments are failing to address.

Electricity: www.EthicalElectricity.com

Travel: www.CarbonFree-Travel.com

Bioplasmic Radiation



Biology/EMF detecting instruments.

What causes Bioplasmic Radiation?

Bioplasmic radiation is human generated bio-field radiation which, when we're emotionally and physically **healthy**, produces a **negative** charge. When we're emotionally and physically **unhealthy**, the human bio-field produces a **positive charge which is the problem**.

When someone is either emotionally and/or

physically unwell and living in the one house for any length of time, the diseased state of their body creates a positive charge of the bio-field which, in turn, leaves an electromagnetic imprint in the space. This imprint will cause electromagnetic stress for all occupants in the house, and will remain there until the energetic circumstances are changed sufficiently with a neutralizing negative charge (i.e. Geoclense).

Similar happens when a member of the household is depressed or has a diseased organ. Over time, this can impact negatively on other occupants.

An occurrence of a death on a property will leave a death imprint too.

Juvenile Bioplasmic radiation is caused

by the emotional pain body energies and imprints of children from the age of 0–5 years. These imprints are often found in child care centres, pre-schools, houses and some holiday resorts.

Negative Psychic impressions are caused by one person, or a group of peoples' negative emotion towards another person, group, place or organisation.

Workplaces are notorious for negative psychic impressions which can be directed within the organisation at different individuals or targeted at other groups or organisations. For example, shopping centres with many staff, people and competitors create an accumulative negative psychic impression which I believe upsets most electro-hypersensitive people. Negative psychic impressions may be very damaging to how a business performs.

In our building biology consultancy, we are often working with retailers and re-balancing the energies which are predominantly negative psychic impressions with the Geoclense.

We have developed the Geoclense Home and Workplace Harmoniser with sufficient programming to neutralise and dissolve all the above Bioplasmic fields, and it's amazing how different it makes you feel when you remove all forms of Bioplasmic Radiation.

Gerard Bini ~ Intuitive Building Biologist (see below)

In our homes and workplaces, we can be subject to around 25 different types of electromagnetic radiation fields from various sources. We have man-made technology, Earth radiation and human-generated Bioplasmic radiation which may be by far our biggest, yet least spoken of radiation problem.

There are at least five different types of bioplasmic fields which include: **death, emotional, illness, juvenile emotional pain body imprints and negative psychic impressions.**

Bioplasmic fields are electromagnetic fields, however, they cannot be detected with a gauss meter nor a radio frequency meter. They are easily detected with a Biotensor (Josef Oberbach) and Lecher Antenna (Ernst Lecher), which are traditional Building

GEOCLENSE

A simple solution for all electromagnetic radiation in your home

- Smart Meters
- Wi Fi
- Digital TVs
- Dirty Electricity
- Bioplasmic Radiation
- Geopathic Stress
- Microwave Emissions
- Compact Fluorescent Light Bulbs
- Emissions from Substations & Towers



www.orgoneffectsaustralia.com

/ 0422 533 966

The United States Congress, the avatar of the democratically elected national legislatures in the modern world, is now incapable of passing laws without permission from the corporate lobbies and other special interests that control their campaign finances.

—Al Gore

Watch out for Al Gore's
An Inconvenient Truth Sequel
Truth to Power

Financial Integrity

Quantum Knowledge have utilised the accounting and financial services of PJ Dunn & Co since 2001 and Peter has personally guided us through business and family financial issues with professionalism, respect and an open mind for our lifestyle priorities, offering direction as we grew. Peter is now offering guidance to our son in who was only a toddler when we started working together.

Fairer Politics

At **Quantum Knowledge** we endeavour to be politically-neutral by simply informing readers to make better choices for better governance.

We believe in empowering individuals and groups to be responsible in living a fair life in the pursuit of happiness whilst considering their impact on everything around them (environment and people).

The '**Civil Liberties & Consumer Rights**' Party's agenda aligns very close to our ideals. Feel free to investigate further and assess if you align with their policies and consider joining or volunteering.

The Gateway Bridge original cost \$183 million in 1986. With more than 38 million tolled trips every year, GoVia, is receiving over \$380 million every year. And now we are paying a private company to use our roads!

They're also seeking candidates to run in future Queensland State elections.

Policies include...

- Stop increases in **GST** or Medicare Levy
- End **road tolls** and keep roads and bridges in public ownership
- Protect civil liberties - No forced **fluoridation** or **immunisation**. Ban **GMOs** and better food **labelling**
- End **political donations**
- Reduce **congestion** on our roads via public transport options and better infrastructure for motorcyclists and cyclists
- Protect and strengthen the **ABC** for a fair and independent voice
- Keep essential services in **public hands** (roads, water, power)
- Strengthen **animal welfare**
- **Recycle** system for bottles and cans
- **Re-forest** Australia to reduce carbon emissions - don't add a tax
- Local community veto rights for projects such as **Coal Seam Gas**
- Force **corporations** to pay their fair share of **tax**

www.consumerrights.org.au

An ACCOUNTANT with INTEGRITY

Our values for exceptional client service...

We are a focused public accounting business and we strive to add value for our clients, and at the same time we also strive to satisfy our clients wish for exceptional service in all areas of the services we provide. We only work with a small number of clients, that way we can attend to their individual needs on a person to person basis. This allows us to get back to the basics of offering exceptional service and great advice. With continually evolving technology, we are geared towards providing clients with proactive, forward thinking advice, rather than just a tax return.

We pride ourselves in that our point of difference is in the services we provide to clients, for example, this could be from our willingness to discuss over the phone (or email), short/simple, non-complex queries our clients may have from time to time for which we generally do not render an account. Also, generally we are willing to travel to our client's place of business, to take a genuine interest in our client's business affairs and meet with our clients' staff etc. to further understand their business operations, with no direct cost to our clients, where the distance is reasonable. We believe in adding value, so much so that we rarely have any disputes with our clients appreciate this and return their loyalty to us. Under our professional code of practice, we must hold Professional Indemnity insurance, have a written engagement letter with our clients and have a dispute resolution process in place.

Many professional advisors today do not pay attention to timely responses when their clients need an answer to a query. We make a point of difference by answering phone and email communications directly to clients, either at the time of the first contact, or if we are in a meeting, as soon as possible on the same business day. We are generally free to answer all our client's communications during business hours on business days.

Many professional advisors today are keen to issue Tax Invoices following contact with clients, for whatever reasons a consultation was sort. We, on the other hand, generally issue Tax Invoices only on completion of work. In our opinion, clients in the former group usually resist the urge to contact their professional advisor, fearing "the clock is running" and they will receive a bill! Thus, they may have missed an opportunity to get the facts right, thus doing themselves a disservice, and perhaps missing a tax or other opportunity.

The areas of client services we can assist with are:

1. Wealth creation
2. Debt management and Retirement planning
3. Tax minimisation strategies
4. SMSF's
5. Estate planning
6. Wealth protection
7. Centrelink benefits
8. Small business owners
9. Investment structuring (inside and outside of superannuation)

Gold Coast, Nth NSW including
Byron, Ballina & Lismore
Feel free to contact
Peter on 0408 570 101

Constipated - but Carrying on Un-deturd



Working in country Victoria, single and 30, I had visited doctors, chiropractors and osteopaths seeking relief for abdominal and back pain, headaches, mood swings, lethargy, flatulence, belching, overweight, cravings, itchy anus and ears, haemorrhoids, lack of sleep, anxiety and chronic constipation that had plagued me for many years. The visit to my sixth doctor left me with a referral to a psychiatrist. "Am I going mad?" I asked myself. The psychiatrist charged \$150 an hour, and left me grossly despondent.

After ten years, I moved to Queensland, married and gave birth to two children. My bowel problems intensified. Following the death of my mother from bowel and liver cancer, I had a colonoscopy. The specialist diagnosed irritable bowel, leaky gut and diverticulitis and told me to increase my intake of psyllium husk. It didn't really help and I still felt bloated.

In 2003 a kinesiologist assessed parasites in my bowel and recommended a blend of herbs and fibre which I was to take for at least three months.

Within days I noticed about 100 white lumps in the toilet bowl after each motion, rather like I had eaten loads of blanched almonds. These were intestinal fluke.

I started to feel lighter, happier, and experienced less belching, gas and bloating. I also had noticeably more energy and vitality with fewer cravings. Within a few weeks, I had lost three kilos, my appetite had decreased and I seemed to want to drink more water. The pain in my joints had gone completely, though my lower back still had pain. By this time, my husband and our children, who were five and six years-old at the time, had joined me in my daily servings of fibre and herbs.

That Tapeworm!

Then something happened that changed my health, wealth and quality of life. Upon my second visit to the loo for the day, I felt a large lump moving under my rib cage. Then I felt a huge release. I looked into the bowl and immersed in white mucus was a two-to-three-metre tapeworm.

Instantly I felt a completely different person and have never looked back. I still take my blend of herbs and fibre daily, because health



Tapeworm shown inside the colon top right (white)

practitioners recommend a minimum of 30–70 grams of fibre a day. I feel that this blend also helped remove a layer of plaque off my colon wall and strengthened the lining of my bowel. After many years of constipation, my bowel lining was very thin and weak, and besides, I did not want parasites to reinfest.

Now I am 12 kg lighter and my back and joint pain, headaches and my many other ailments have all gone.

Sometimes we must hit the wall before we take responsibility for our own health, or we can learn from what has happened to others and take action."

Shakti —Gold Coast, Qld

Testimonials should not be construed as representing results everybody can achieve. Results may not be typical and may vary from person to person.

It is impossible to live without failing at something, unless you live so cautiously that you might as well not have lived at all - in which case, you fail by default.

JK Rowling

Constipation Impacts on your Quality of Life!

- ☒ Overweight
- ☒ Chronic Fatigue
- ☒ Diabetes
- ☒ Bowel Disease
- ☒ Kidney Disease
- ☒ Liver Disease
- ☒ Parasites
- ☒ Depression
- ☒ Foggy Brain
- ☒ Stress, Anxiety
- ☒ Sleep Disorders
- ☒ Joint Pain
- ☒ Allergies, Rashes
- ☒ Cancer

Since 2003, we've Helped 1000s of People

www.gkbowelhealth.com

0427 443 302

Infinite Light Healings

Reiki
Infinite Light Healing
Crystal Healing
Reconnective Healing
Meditation Classes
Reiki Classes I, II, III



Royal 07 5535 0710



Lori 0433 164 525

royal-ron_roshan@hotmail.com

Water, Fluoride & Chlorine

In 2009 I (the editor - Ramiah Selwood) stood for Queensland Parliament in the seat of Gaven on a platform of individual choice, especially relating to fluoride.

Whilst I wasn't elected, I gained enough votes to unseat the sitting Labor member after the Queensland (Labor) Government made it mandatory to add fluoride to every council's drinking water.

Laws have since changed and all councils now has a choice to add this toxic S6 poison to our drinking water, and some have ceased doing so.

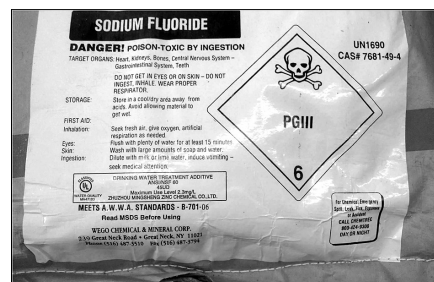
A simple search for 'MSDS Sodium Fluoride' will reveal the simple fact that fluoride is classed as a S6 poison that is dangerous if ingested.

Accompanying fluoride in our water is chlorine, which is probably necessary to minimise bacterial growth in stored water in our pipes and drains.

However, chlorine will also kill friendly gut bacteria which is 80-90% of your immune system and has everything to do with absorption, therefore shouldn't be ingested either.

Chronic exposure to fluoride has been linked to liver and kidney damage, immune system weakness and Alzheimer's Disease, as fluoride acts as a Trojan Horse, carrying aluminium across the blood/brain barrier resulting in lower IQs and amyloid plaque build up - one of the main associations with Alzheimer's.

You can assist your body to eliminate



sodium fluoride by having a few drops of high quality iodine every day.

Keeping sufficient levels of magnesium in your body is important as magnesium inhibits the absorption of fluoride. Ensure you supplement magnesium via the skin, rather than orally.

Classification of the chemical:

Acute Oral Toxicity - Category 3
Skin Irritation - Category 2
Eye Irritation - Category 2A

SIGNAL WORD: DANGER



Hazard Statement(s):

H301 Toxic if swallowed.
H315 Causes skin irritation.
H319 Causes serious eye irritation.

Extract from a Sodium Fluoride MSDS

From personal experience, our children have always drank tank water and never used fluoride toothpaste. Now in their late teens, they have had very few dental issues. Our dentist rebuts the use of fluoride, amalgams and root canals. That's why we utilise his skills.

When politics failed in 2009, we didn't give up, but resorted to sourcing a water filter system that (according to our supplier) filters out 99.9% of tap water fluoride and still produces living, pH balanced water. As near to natural spring water you can get. It's important to note that not all filter systems do this.

We encourage everyone question mainstream media, governments and the sickness (medial) industry. By all means read their information, but also do your own research and feel confident in your decision. It matters.

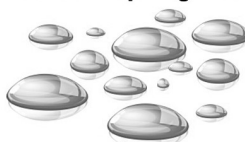
Is Your Drinking Water the Best?

- Chlorine from Tap Water may Kill Friendly Gut Bacteria
- Bottled Water is Expensive and Impacts on the Environment
- Filtering your Own Water is the Solution & so much Cheaper!

Water Filtration System



- Removes All Impurities
- Removes Chlorine
- Removes 99.9% Fluoride
- Balanced, slightly Alkaline Water (7-8 pH)
- Improves water quality as near as possible to fresh mountain spring water
- Gravity Fed
- No Electricity
- No Plumbing
- 10 Stage Filtration (including Zeolite)
- Easy Maintenance
- Replacement Filters Available
- 12 Months Warranty
- Return on Investment around 20 weeks
compared with purchasing bottled water
- 12 Litre Plastic BPA Free
- Price \$399 (+ P&H) **Save \$50**



Ph: 0427 443 302

The Latest Vaccination Research

With Liberal/National, Labor and Greens parties passing laws to link family support payments with child vaccination and state governments passing laws denying unvaccinated children access to child-care, we wanted to give parents access to the latest, credible information to make an informed choice.

We may live in a democracy, however, these laws place extreme financial and work pressures on parents who have researched and chosen not to vaccinate.

Australia often blindly follows the USA on mainstream medicine, but we wonder if our federal government will also form a committee to investigate "Vaccine Safety & Scientific Integrity" as the Whitehouse has done?

We personally know of several families who have been negatively impacted by vaccines and we know several doctors who share concerns but can't speak out in fear of losing their credentials.

Following are article excerpts from, "[The Truth About Cancer](#)" movie.

There are two newly released movies researchers should watch; "[Vaxxed](#)" and "[The Truth About Vaccines](#)".

Full article and movie:

www.thetruthaboutcancer.com/vaccine-safety-issues/

According to statistics gathered from multiple organizations, it's possible that over half of America's children either have a developmental disability, a chronic disease, or both. In 2017, according to the U.S. CDC, one in 68 children will be diagnosed with autism. These are real statistics about real children. And they are happening now.

In this vein, many are turning their attention to current vaccination protocols as one of the possible reasons for such high childhood cases of autism, allergies, autoimmune conditions, ADHD, and other chronic conditions. Is there really a connection

between disease and the current CDC-promoted vaccine schedule? No one has the definitive answer yet, but the questions that are coming from concerned parents, doctors, and others about vaccine safety issues are beginning to get some serious attention – despite little to no coverage by mainstream media on the subject. The growing interest and attention on this subject is now even extending to the halls of Washington.

In March 2017, President Trump "officially" announced the creation of a presidential committee, headed by environmental lawyer Robert Kennedy Jr., to investigate "vaccine safety and scientific integrity." Later that month, a group of 275 concerned doctors and scientists submitted a letter urging Trump to consider the creation of an "Independent Vaccine Safety Commission."

Everyone seems to agree on one thing, however: as long as there is even the tiniest possibility that some of the ingredients in today's vaccines and/or the scheduling that the CDC promotes could possibly be linked to massive childhood death and disease, then independent investigations into the vaccine issue must be conducted by objective scientists outside of the CDC and the pharmaceutical industry. These investigations just make sense, given the shaky history of changing CDC policy over the last fifty plus years as well as the heartbreaking reality of the situation for future generations.

The Truth About Vaccines brings together more than 60 of the world's foremost health experts to investigate both sides of this contentious debate to bring you the science, the history, and the untold story... the REAL information you need to make an informed decision on how best to protect your child.

Shakti

Psychic Medium & Healer
Energy Healing Bodywork (EHB)
Rebirthing

Over 35 year's experience as a
Psychic & Healer

**Personal ~ Business ~ Health ~
Finance ~ Relationships**

Private, Phone & Skype Consultations
(You're welcome to record your consultation
on your own device)

"All Questions Answered"

Energy Healing Bodywork

- ✓ Releases Emotional & Physical Pain
- ✓ Removes Energy Blocks connected to Ancestral Patterns
- ✓ Resolves Addictive Behaviour

"I am so wrapped with the reading you did for me and really feel focused on moving forward (I was feeling very stuck).

It was an unbelievable shift within me and I want to thank you so very much."

AH, Brisbane, Qld

Ph: **0427 44 33 02**

www.shakti-psychic-readings.com.au

shaktiselwood@gmail.com

(Gold Coast, Qld)



000001

The Healthy Alternative RED RUSH Shots



000001



**1 Shot =
Juice of
5 Beetroot**

- NO caffeine
- NO stimulants
- NO ephedra
- Just NO (Nitric Oxide) for stamina, performance and recovery

www.myaimstore.com/quantumknowledge

000001

GetUp!

Action for Australia

Make a Difference
Get Involved

GetUp is an independent movement of more than a million people bring participation back into our democracy

We campaign on human rights, democratic participation, economic fairness and environmental sustainability

www.getup.org.au

Subtle Changes

Over the past few years, all Australian Police, Fire, Rescue and Border Force have changed their uniform from sky-blue (*trust, loyalty, communication colour*) to dark navy blue - almost black (*authority, power, fear-based*).

According to PR releases, the change has been for operational reasons, a fact that forces working in the hot-humid northern parts of Australia might contest.

Along with military-style colour and badge changes, many of what used to be named "Services," have been renamed "Force".

Governments fear future civil unrest becoming more prevalent over the coming years as youth, middle-class and working-class "battlers" are left hanging without much chance of a future as the gap between the 1% rich and the remaining 99% widens.

There seems to be a great deal of disillusionment amongst Queensland police as record numbers resign due to lack of proper direction, job satisfaction and poor wages.

Police who want to make change happen, find their complaints go nowhere and simply shut up.

However, the 'force' is ready.



You may have Magnesium Deficiency if you Ingest:

- Soft Drinks & Fruit Juice
- Dairy
- Coffee & Tea
- Energy Drinks
- Alcohol
- Ice Cream & Deserts
- Cakes & Biscuits
- Fluoride Water & Toothpaste
- Medication (incl. The Pill & HRT)

Or if you have:

- Headaches
- Muscle Pain
- Chronic Fatigue
- Depression
- Insomnia
- Stress (Emotional & Physical)
- Anxiety
- Anger
- Mood Swings
- Muscle Cramps & Twitches
- Cognitive Difficulties
- Are Over 55



Simply rub on your skin daily after showering or soak in bath water or have a foot bath whilst watching TV

AIM Mag-nificence

✓Lotion 190ml \$26

✓Spray 130m \$13.50

Prices are wholesale prices with a min 1st order of \$85, subject to change without notice

The Facts:

1. Only **minimal** amounts of **ingested** magnesium **powder or tablets** are absorbed and utilised
2. Magnesium **absorbed transdermally** (through the skin) is virtually **totally absorbed** within 20 mins and utilised at a **cellular level**
3. Magnesium brings vitamins and minerals into correct **harmony & balance**
4. Over **300 enzyme reactions** rely on Magnesium
5. Around **100 trillion body cell membranes** (cases) are made mostly of Magnesium
6. Magnesium **binds with chlorophyll** for **improved absorption**
7. Magnesium **enhances liver function**
8. Magnesium & activated Vitamin D are **needed to utilise Calcium** which otherwise may form **kidney stones & gall stones**

The Potential Benefits:

1. May relieve **stress, anxiety, depression & chronic fatigue**
2. **Clearer Mind, Better Thinking, Better Sleep**
3. **Improved mood & emotional control**
4. **Improved calcium & mineral absorption & higher bone density**
5. **Relieves joint inflammation & muscle pain**
6. **Assists in detoxing the liver & body**
7. **Guardian against Diabetes & Heart Disease**

Australia's Largest AIM Distributor
Quantum Knowledge Australia
ID# 9916901

www.myaimstore.com/quantumknowledge

Ph: 0427 443 302

quantumk88@gmail.com

What is it that you're so passionate about, but don't really know much about, but still speak?

If most of your information about the issues you care about is from mainstream media, big-business, big-pharma or politicians, then you **REALLY** should do your own research before regurgitating their lines.

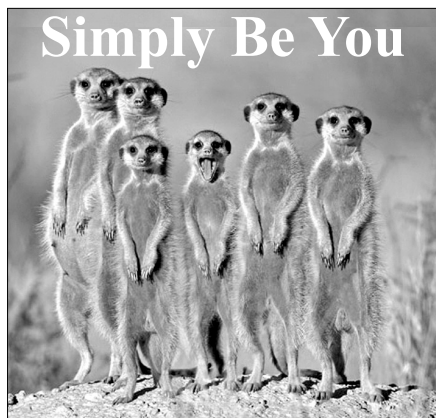
Last Trump

What did they know about our current politics 2000 years ago? If you can find a King James Bible and look in Corinthians, you will find the following words...

51 Behold, I shew you a mystery; We shall not all sleep, but we shall all be changed,

*52 In a moment, in the twinkling of an eye, at the **last trump**: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed.*

Perhaps this is a prediction of where we're heading with (or after) Donald Trump as US President.



We often hear (especially in the media) of people who ‘identify’ as gay, lesbian, aboriginal, Greek, Italian, Christian, Muslim, Buddhist, Labor, Liberal, worker, battler, unionist, black, white, ginger, son, daughter, mother, youngest, old, depressed, footballer, boss, woman, man, etc. Some people even identify as gender-neutral.

Too often we hear of people justifying their aggressive action, due to their group’s rules, beliefs and dogma - which (apparently) relieves them of responsibility. However, by definition, this makes them a victim of that group/order. Victims shift blame to others for their plight in life. People in control take real personal responsibility.

A lack of connection to self - who you really are and want to be (your passion and purpose you want to express to the world), brings about FEAR of rejection and often the easiest short-term

solution is to abide by the group rules.

Often expectations can require you to act or dress in certain ways in order to gain acceptance and be ‘liked’ (as in - like everyone else).

Basically, you are being subservient to other’s agenda and you perceive others are greater than you, and that’s not true.

Separate the above classifications from truly believing in (and taking group action) for just causes like equal rights, peace and other ethical issues. But watch for control that often creeps into such groups over time due to ego.

By all means, behold the beautiful parts of their culture or group (food, art, music, dance, architecture, ceremonies, wisdom, etc.), but beyond that, if the control and expectations of the elders or traditions don’t make you happy; move on.

What if you could simply be a person and not need to identify with a group, culture or cause? You don’t even have to be an “Australian”. You can simply be a person who lives in Australia.

Sometimes without knowing, we develop a personality that is acceptable to others around us, so we can feel popular. Your personality isn’t you - it’s a means of habitual behaviour that drives your appearance to others for their approval.

Other than simply being a kind, caring, fun and loving person, you don’t have to have a particular personality.

Simply be who you are and if others’ expectations cause you pain or unhappiness - let them go - even family!

This can be painful at first, however it’s **so liberating** once you deal with the short-term drama as those around you react negatively in order to keep hold of you through fear.

If this article makes you uncomfortable, angry or upset, there’s a good chance that your connection to someone or some group is directing your life. Or perhaps you’re one of the controllers and don’t want this truth to be revealed.

Don’t chase people.

Be yourself, do your own thing and work hard. The right people, the ones who really belong in your life, will come to you and stay.



Norwegian Spiral

You probably didn’t see this in the mainstream media in December 2009, when (what has become known as) the Norwegian Spiral was videoed and photographed by dozens of individuals in Norway and Sweden. The spiral took just a few minutes to occur.

There is great speculation as to the

origins of the spiral phenomenon, but one of the most plausible is the nearby location of the top-secret HAARP (High Frequency Active Auroral Research Program) facility which is supposedly to research the ionosphere and for radio surveillance.

However it’s perceived top-secret activity is linked to high-tech manipulation of the ionosphere, portals

to other densities and manipulating weather patterns.

Insolently, this phenomenon occurred just hours before then US President Barack Obama received his Nobel Prize for peace near the location.

Go to YouTube and search for ‘[Norwegian Spiral](#)’ and make your own conclusion.



1 >



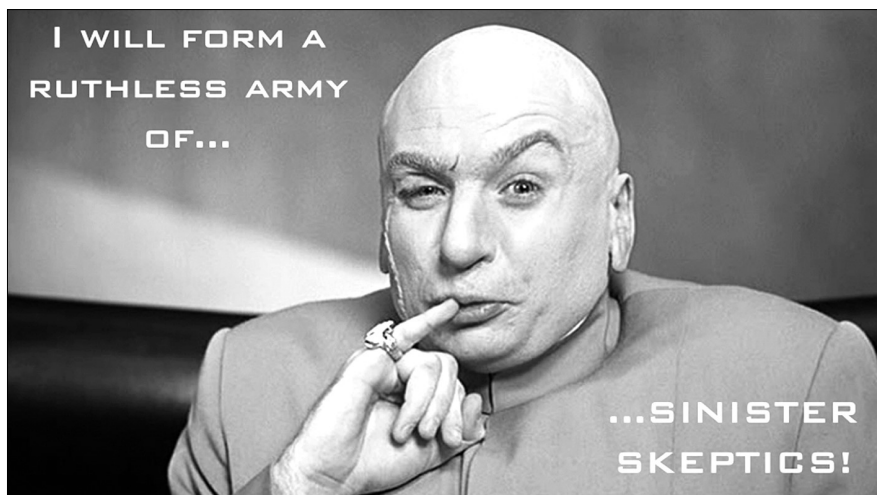
2 >



3



Norwegian HAARP Facility



When you don't conform to mainstream science, medical or religious dogma, you can often be confronted by people who are sceptical about your different point of view.

Asking genuine questions to understand more is desirable, however there is a growing trend of contracted Pseudo-Sceptics to ask the questions.

Large corporations and industry groups who have much to lose if your alternate views were adopted by mainstream society, so often (secretly) contract sceptics to debunk, ridicule and humiliate people willing to voice a different opinion.

Such industry groups will often start "Astroturf" groups (no grass-roots) as a front to fund their contracted Pseudo-Sceptics' media campaign.

Pseudo-Sceptic's Tactics:

1. Never talk about the facts you presented
2. Will use complicated language with long words in order to sound more intelligent
3. Attack your lack of qualifications in that area (even if they have none)
4. Attack the other person on a personal level
5. Humiliate the other person, usually by using jokes and catch-phrases mainstream media likes
6. Will invoke fear if your ideas are implemented and theirs are not
7. At the end, will bring you back to their 'safe' mainstream view

www.skepticalaboutskeptics.org

www.debunkingskeptics.com



The breath acts as a bridge between mental and physical wellbeing and the the conscious and unconscious, between the mind and body.

Rebirthing works on the principle that there is a direct connection between

Relaxing and releasing the breath dissolves tension in both the body and the mind.

Prescribed Drugs Causes Malformations

This story made a small mention in mainstream media in Australia...

Up to 4,100 children in France suffered major malformations in the womb after their mothers took a prescribed drug called Valproate between 1967 and 2016.

Valproate was prescribed for epilepsy and bipolar disorders. Valproate is also known as Depakine, Depakote and Depamide.

Imagine if just one such incident happened due to an alternative therapy or supplement?

Ordinary people live ordinary lives



Rebirthing (Breathwork)

Rebirthing is a simple, gentle, yet powerful conscious breathing technique. It brings into awareness not only our unconsciously held beliefs and emotions but also the relationships we have with our bodies, ourselves, our intimates, and our world. When we consciously breathe with the awareness, we make it possible to resolve, integrate and heal previously unresolved issues within ourselves. This frees up energy, bringing greater aliveness and joy allowing us to move towards fulfillment of our potential as human beings.

Rebirthing Sessions
Phone Shakti 0427 443 302

Shakti has over 15 year's experience, & trained with Rebirthing founders Leonard Orr & Sondra Ray

Also Rebirthing Classes held fortnightly in Burleigh Heads, Gold Coast



Quantum Retreat

Groom's Cottage - Binna Burra

www.binnaburrallodge.com.au

When you associate with people at work or within family whose views are generally inside-the-box, mainstream and they think you're a bit weird, it's difficult to communicate fully without being cautious and holding back so you don't offend or confront them.

However, when you communicate with like-minded people on a similar journey, your communication is free and easy. You can talk about anything you want without offending anyone or causing a confrontation.

For over 20 years, Quantum Knowledge has built a community of like-minded, light-workers who freely exchange ideas and offer new, groundbreaking information for everyone's higher learning.

By light-workers we mean people who have a spiritual (not necessarily religious), high vibration, love-base with a positive, happy attitude and an open mind to learn and grow.

We've known for decades that when we bring groups of high vibration, like-minded people together to form new friendships and networks, we can significantly influence the world in a positive direction.

We've organised our next **Quantum Retreat** at Groom's Cottage, on Binna Burra (Lamington National Park) in Sept/Oct this year.

We gather on Fri/Sat/Sun in the mountains behind the Gold Coast with the most amazing views, bushwalks and high energy. Hang out with new friends and chat over a campfire, share or swap rebirthing and healing sessions, enjoy a nice wine with your dinner, BBQ watching the sunset and for the adventurous, you can fly on the 165m Flying Fox Zipline.

Phone Shakti on **0427443302** for
booking forms and further details.
We'd love to meet you and expand our
community. 😊

The name Google is based on the word **googol** which is a number equal to 10 to the 100th power.

In other words, colloquially known as an unfathomable number.

Presumably that was Google's intention when they chose the name; to be able to search for an unfathomable number of subjects.

There is great power in a name.

If you're wondering what 10 to the 100th power looks like >>>

Googol (10^{100})

[illegible]

*Visionary & intuitive
healing for
body, mind, heart & soul*

- Increase life-force energy
 - Overcome depression & anxiety
 - Reduce stress & emotional disturbances
 - Heal Your Relationships;
Past, Present & Future
 - Help heal the little one in your life
 - Access & change belief patterns
 - Ignite your life, passions & purpose
 - Past-life healing
 - Channelling-Soul & Guides
 - Balance masculine &
feminine energies
- 



Jess

0437 774 146

www.connectandcre8.com

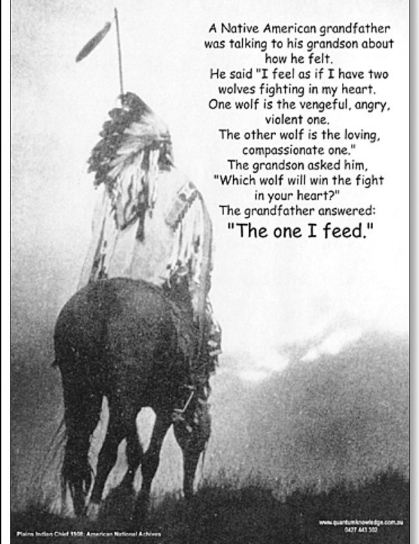
A Native American grandfather was talking to his grandson about how he felt.

He said "I feel as if I have two wolves fighting in my heart. One wolf is the vengeful, angry, violent one.

The other wolf is the loving, compassionate one."

The grandson asked him, "Which wolf will win the fight in your heart?"

The grandfather answered: "The one I feed."



Based on original 1908 photo
Indian Chief
'The one I feed' Poster

Printed in Sepia on quality A4 card
\$17.50 incl p&h

Ph 0427 44 33 02



CC 3% fee
Or Direct Deposit



At school, work & home,
we all start with similar
opportunities, but...



How You Create Your Own Reality



Low or High Vibe?

Your attitude has EVERYTHING to do with your health and where you find yourself today.

If you mainly focus on the negative, you won't feel fulfilled. In an effort to gain relief, you will reach for something that will (in the short term) make you feel better. However, in the long-term can turn into addictions that will lead to toxins, malnutrition and blockages in your body that will ultimately turn into disease, usually requiring chemical drug interventions or surgery from the sickness industry.

The universe has a beautiful system in place - it's amazing to step outside mainstream thinking and analyse this intelligent force.

We're designed to be happy and fulfilled (so we can learn, grow and love) at least 51% of the time. If enough people achieve this one simple task, the earth can evolve exponentially over the next few decades.

However, most of society have been dumbed-down by fear-based mainstream media and companies who want to profit from your addictions.

If you decide to focus on the negative, there will be multiple opportunities for learning.

If each crisis is met with low-vibe, negative reactions, you will continue to head down to the basement instead of up to the penthouse (*see page 1*).

Until you make a slightly better choice, your health and overall wellbeing will continue to decline and evolve into disease. This can even manifest in accidents, violence and injury until you make that hard choice.

If you choose a low-vibe treatment like chemical drugs (medicine) you may gain short-term relief, but won't fix the cause, which requires a high-vibe reconciliation with your past choices and ultimately change for the better.

Continue making low-vibe, negative choices and you will have a miserable

life and die sooner than needed because you're not supporting the universes requirement to learn, grow and love.

If you resort to the ultimate expression of ego - suicide, your spirit will simply reincarnate for a similar journey until you learn from your experiences and make better choices.

You'll know when you're making low-vibe, negative choices because you'll be a victim of someone or issue and act in a way that someone loses (ego). High-vibe, positive actions results in everyone winning (love).

High-vibe, positive choices takes an attitude of stepping-up and taking responsibility for your actions, possibly paying a price to settle any karma and from there on, making better choices. Simply having a positive attitude and high-vibe 80% of the time is often enough to settle karma naturally without trying too hard.

Please take time to study the diagram above and assess where you're at now